## **PURPLE WEEK REPORT 21st - 27th March 2021**

Purple Day is an event designed to raise awareness of EPILEPSY (MIRGI). The focus of the event is to increase awareness and empower epileptic individuals and reduce stigma and myths.

**26**th March has been observed as Purple Day across the world since 2008 by Cassidy Megan of Canada inspired by her own struggle with the disease. The eight-year-old girl wanted world to understand epilepsy and inform the epileptic that they are not alone. She was supported in her efforts by Epilepsy Association of Nova Scotia which marked 26th March as World Purple Day for Epilepsy Campaign.

Epilepsy Foundation under the leader ship of Dr. Nirmal Surya has been actively involved to create awareness about epilepsy in Mumbai & Maharashtra. He has been working inexhaustibly putting together pioneering initiatives, community-based programmes and humanitarian drives to better lives of hundreds of thousands of patients with epilepsy since 1996.

Like every year Epilepsy Foundation proposed the Special Awareness Programme for Purple Week  $21^{st}$  –  $27^{th}$  March 2021.

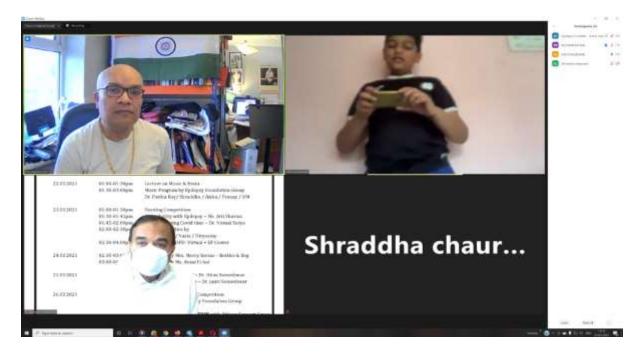
	PURPLE WE	Y FOUNDATION organize EK CELEBRATION Epilepsy runidation
	on 21st -	27 <sup>th</sup> March 2021
21.03.2021	Free Epilepsy Detection & Treatment Camp at Civil Hospital, Alibaug in association with National Health Mission, Govt. of Maharashtra	
22.03.2021	01:00-01:30pm	Lecture on Music & Brain
	01:30-03:00pm	Music Program by Epilepsy Foundation Group Dr. Partha Ray/ Shraddha / Aisha / Pranay / OM
23.03.2021	01:00-01:30pm	Painting Competition
	01:30-01:45pm	Comorbidity with Epilepsy - Ms. Arti Sharma
	01:45-02:00pm	Epilepsy During Covid time - Dr. Nirmal Surya
	02:00-02:30pm	Various Activities by
		Nitin / Mercy / Nazia / Divyasiny
	02:30-04:00pm	Free Epilepsy OPD-Virtual + EF Center
24.03.2021	02:30-03:00pm	Craft Class by Mrs. Mercy Serrao - Bottles & Beg
	03:00-04:00pm	Craft Class by Ms. Avani Uchat
25.03.2021	03:00-04:00pm	Need of Physio in PWE - Dr. Hitav Someshwar
	04:00-05:00pm	Comorbidity in Epilepsy – Dr. Janvi Someshwar
26.03.2021	12:00-01:00pm	Registration & Drawing Competition
	01:00-01:15pm	Music Session by Epilepsy Foundation Group
	01:15-01:30pm	Stories from PWE
	01:30-02:00pm	PURPLE DAY CELEBRATION with African Support Grou Cassidy Megan, Founder, Purple Day, Canada Chifundo Petro, Chifundo Epilepsy Awareness, Malawi ASHA TRAINING
	02:00-02:30pm	Lecture by Dr. Nirmal Surya
	02:30-03:00pm	Lecture by Dr. Gagandeep Singh
	03:00-03:30pm	Lecture by Dr. Mamta Bhushan Singh
	03:30-04:00pm	Quiz & Q/A Session
27.03.2021	01:00-01:15pm	Talk on Yoga - Dr. Hitav Someshwar, Physiotherapist
	01:15-03:00pm	Yoga Session - Ms. Divyasiny Sharma

**Day 1- Sunday 21.03.2021,** The week started with 89<sup>th</sup> Free Epilepsy detection and treatment camp at Civil Hospital, Alibaug, A team of 4 neurologist, 1 Paediatrician, 4 EEG Technician, 1 Physiotherapist, 1 Occupational Therapist, 1 Speech Therapist and 1 Clinical Psychologist along with 2 Social Worker, where Total Pts Seen: 89, EEG: 25, Counselling: 19, PT: 08, OT:10, ST:07 & CT Scan: 05. All patients were given 3 months medicine free.

**CME on Epilepsy** Organized by Epilepsy Foundation in association with National Health Mission, Govt. of Maharashtra for 50 doctors, The CME is accredited for 2 points by the Maharashtra Medical Council.



**Day 2- Monday 22.03.2021,** Music session by our Epilepsy Foundation support Group Dr. Partha Ray, Om Choudhary, Pranay Dhanesh & Shraddha Chourasia



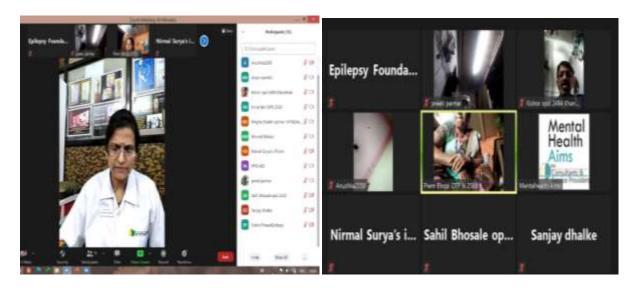
**Day 3- Tuesday 23.03.2021**, conducted a hybrid OPD amid COVID 19 increasing cases total patient seen online were 24 and at site 21 =45 counselling by Ms. Arti was done for 8 patients and most were given 1-month free medication. Dr. Nirmal Surya addressed the member on need of treatment for epilepsy. Dr. Mehul, RMO also explanation on emergency treatment.



**Day 4- Wednesday 24.03.2021,** Craft activity by Avni, Mercy, Nitin, Mrs. Singh and other members of EF join. Ms. Avani has been taking classes on craft for 6 months once in 15 days. Nitin is making paper begs since past 2 years & made more than 3000 begs, which are decorated by Mercy and its caregiver. Mrs. Singh & other to joined & shown PWE how to make craft.



**Day 5- Thursday 25.03.2021,** Cognitive Rehab Session by Dr. Mangal Kardile attended by nearly 25 patients



**Day 6- Friday 26.03.2021, Purple day celebration** at Lotus house the meeting was hybrid attended by nearly 75 people on zoom and 25 at Epilepsy Foundation office in person the Guests were Mr. Ronnie from Uganda and Dr. Partha Ray from UK the warrior gave 30 min music show (Shradha, Anchal and OM) followed by address from Mr. Ronnie and Dr. Surya gave the detail on Purple day celebration I. Past many years by Epilepsy Foundation and presence of Cassidy in Mumbai in 2019.S





Like every year this year too Epilepsy Foundation felicitated Mrs. Mercy Serrao mother of Daisy Serrao for the support to Epilepsy Foundation as selfless worker, she is helping since many years and now painting the begs Many PWE spoke about their experience and thanked EF and Dr. surya in the end National Anthem was played by Prof. Partha and Mrs. Ray





ASHA sensitization workshop with National Health Mission from 2pm to 4pm, total 600+ Asha worker join the workshop.





